

HIGH SCHOOL JUNIOR CHECKLIST

ALL YEAR

- Work hard to keep a high GPA
- Research career possibilities you are interested in. Go to www.iseek.org.
- Get to know your teachers. You will need them to write letters of recommendation for college and scholarships!
- Keep a calendar, schedule or agenda.
- Keep a folder of your accomplishments such as awards, certificates, community service log, and job shadowing and internship letters of participation.
- Get involved in extracurricular/volunteer activities.
- Visit with your School Counselor for college and career information.
- Communicate with your parents or a trusted adult about your plans for the future.
- Challenge yourself academically by taking rigorous classes.
- Talk with military, college, and vocational school representatives who visit your school.
- Save money for your future!!!

Fall (September-November)

- Talk to your counselor, make sure you're on track to graduate and meet college admission requirements.
- Find out the following from your school counselor: your class rank, your GPA, and how many credits you have earned. Ask to see a copy of your transcript.
- Sign up to take the PSAT. Top scores qualify for National Merit Scholarship (notification next fall). See your School Counselor for more information.
- Create a Resume.
- Get a professional email address. Ex: FirstName.LastName@domain.com
- Feeling overwhelmed about applications next year? Meet with your counselor to organize your testing strategies and college plan.
- Make a list of colleges that you wish to research online.
- Research requirements regarding entrance and placement exams at the college in which you are interested in.
- Narrow your college list to your top 10 schools that interest you.
- It's not too late to get involved. Pick up a new extracurricular activity (or two) and jump right in!
- Keep your grade point average up!!
- Start certification process if you want to play Division I or II college sports. Go to http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp
- If you are thinking the military you need to speak with a military representative about your options. For more information go to: www.todaysmilitary.com
- Get a job to gain work experience to put on your college application.

Winter (December-February)

- Junior year grades will say a lot about your academic performance. Study Hard!
- Study to take the ACT or SAT in the spring or summer and decide when you will take either the ACT or SAT.
 - Register for the ACT at www.actstudent.org
 - Register for the SAT at www.collegeboard.com
- Continue to stay involved in activities in and outside of school.
- Refine your choices of colleges by comparing and contrasting schools and attending college fairs or going on college visits.
- Check transcript with School Counselor and plan senior year.
- Register and start applying for scholarships that you qualify for.

Spring (March-May)

- Take the ACT or SAT
- Get educated about the admissions requirements
- Contact prospective colleges to schedule interviews and visits.
- Keep your grades up and study hard for tests.
- Register for your Senior Classes. Check with your School Counselor to make sure you are on the way to graduation.
- Discuss the colleges you are interested in with your School Counselor.
- Start finalizing your college list and investigate college cost.
- Continue applying for scholarships.
- Familiarize yourself with ways to pay for college.

Summer (June-August)

- Take the ACT or SAT.
- Grab a summer job to expand your experiences and to earn money for college.
- Practice makes perfect. Begin working on your college application essay.
- Continue applying for scholarships.
- Start applying to colleges and continue to go on college visits.
- Start making a senior year checklist.

**Seek help from your school counselor if you
have any questions or need guidance!**